



Life Balance
Acupuncture Clinic
& Dr. Manuela Terlinden,
L.Ac
Acupuncture, Shiatsu
and Herbal Medicine

Retreat to Wholeness

FEBRUARY 8-11, 2018

Spend a weekend on the beautiful Oregon Coast exploring the intersection between mind, body, and spirit.

- **Group activities**
- **Massage**
- **Acupuncture**
- **Hypnotherapy**
- **Art**
- **And More**

Individuals: \$895.00

Couples: \$1345.00

\$50.00 off couples price before 12/31/2017

Includes community meals, lodging, and group activities

more info/registrations at: www.tinyurl.com/febretreat2018